Ketogenic Diet Outcomes at Children’s Mercy

Reduction in Medication*

80% of participants reduce medications

Reduction in Seizures*

72% Reduced number of seizures after one year

90% Reduced number of seizures after two years

Epilepsy-Related ER Visits and Hospitalizations**

36% Reduction in ER visits

40% Reduction in hospital visits

39% Reduction in hospital days

*Children’s Mercy, 2019 study

**Retrospective review of children treated with the ketogenic diet in one tertiary center between 2009 and 2013