

Ketogenic Diet Outcomes at Children's Mercy

Reduction in Medication*

80%

of participants
reduce medications

Epilepsy-Related ER Visits and Hospitalizations**

36%

Reduction in ER visits

Reduction in Seizures*

72%

Reduced number of
seizures after one year

40%

Reduction in hospital visits

90%

Reduced number of
seizures after two years

39%

Reduction in hospital days

*Children's Mercy, 2019 study

**Retrospective review of children treated with the ketogenic diet in one tertiary center between 2009 and 2013