

Editor's Note: A broken link in yesterday's *Special Bulletin COVID-19 Update* prevented viewers from reading General Smith's entire message to Civil Air Patrol members, prompting us to resend the bulletin today. Sorry for any inconvenience this may have caused.

SPECIAL BULLETIN

COVID-19 UPDATE



April 2, 2020

National Commander: Take Care of Yourselves



Maj. Gen. Mark Smith, CAP national commander and CEO, calls on members not only to engage with one another in this time of social isolation -- [his message a week ago](#) -- but also to make sure to practice self-care.

He refers CAP's members to the [‘Five Pillars of Wellness and Resilience’ program](#) developed last year. Focusing on the five basic principles of Mind, Body, Relationships, Spirit and Family provides a sensible approach to handling life's challenges, according to the general, especially during high-stress periods.



"Excelling in service to our nation"

"Excelling in service to our members"

A Civil Air Patrol member living in wellness with resilience

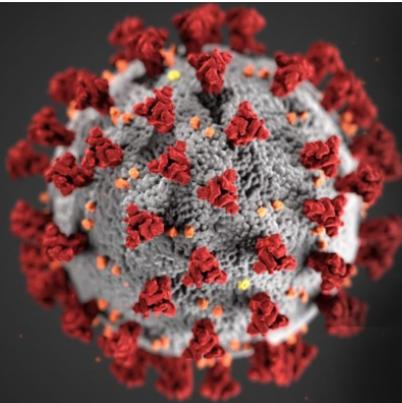


"ONE CIVIL AIR PATROL"

Civil Air Patrol Five Pillars of Wellness and Resilience

"One Civil Air Patrol excelling in service to our nation and to our members!"

National Commander's Letter



CORONAVIRUS INFORMATION CENTER

COVID-19 Information Center Consolidates Coronavirus-Related CAP Notifications

The coronavirus pandemic is affecting virtually every aspect of CAP operations and membership, from the national level to region and wing headquarters to squadrons and individual senior members and cadets.

Guidelines and notifications regarding adjustments undertaken to enable the organization to deal with the situation have been consolidated on a single page on GoCivilAirPatrol.com. Links to the latest information can be found there. Make

sure you check often for the newest developments.

[Coronavirus Information Center](#)



**CAP Marketing & Strategic
Communications**

877-227-9142

[Email](#)

[Website](#)

Connect With Us:

